

# LOCHNESS LINKS

*A Luxurious Lifestyle Residence*

SPRING 2011

*Spring  
is in  
the air!*



## THE RESIDENCES

AT LOCHNESS LINKS

[www.ballantryhomes.com](http://www.ballantryhomes.com)





*Lovely homes on a golf course*  
**DEFINE ACTIVE ADULT  
COMMUNITY**

**Y**ou appreciate your beautiful home and your own backyard. You value your independence yet like to meet new people with similar interests whether it's golfing, group exercise, puttering about in the garden or ballroom dancing. And now, with the kids finally out on their own, it's time to "right-size" your living space.

For active adults looking to start a new chapter in their lives – a chapter that involves an upscale address and carefree lifestyle in the Niagara area – The Residences at Lochness Links by Ballantry Homes presents a superb opportunity.

Featuring an inviting collection of single detached and villa townhomes, The Residences is an adult-oriented community where comfort meets convenience in a very scenic setting.

The convenience begins with a splendid community centre complete with tennis courts, indoor swimming pool and sauna and a fully-equipped fitness facility. With its central location and many activities, getting to know your neighbours is just a matter of time.

The Welland Canal winds gently along the edge of this charming community. Its long stretch of pathways

beckons for those who enjoy great walks, cycling and kayaking with beautiful sunrises and sunsets.

Excellent dining and shopping are also nearby as is Lochness Links, one of Ontario's best golf courses, surrounding the homes and whose Swing restaurant is a popular post-golf destination.

Comfort is another cornerstone. Recognizing that downsizing doesn't mean downgrading, Ballantry incorporates many of the same features their clients valued in their larger homes. Those who have made the move to The Residences delight in the smartly appointed single-level living spaces where inspired designs are matched by an impressive list of standards.

Inside, in addition to spacious country kitchens with islands, separate dining rooms, open concept plans with plenty of room to entertain family and friends, and luxurious ensuite bathrooms, are nine-ft. main floor ceilings, wide baseboards and casings and vaulted or cathedral ceilings (as per plan).

Each Ballantry homes has a host of energy efficient features that are environmentally friendly and above all save you money on your heating and air conditioning bills. Energy Star initiatives included in every home range from Low-E Argon filled casement windows, programmable thermostats, forced air high efficiency furnaces, HRV systems and above average insulation.

Through a low maintenance fee, lawn cutting and snow shoveling are a thing of the past, allowing worry-free travel and encouraging residents to relax and spend their free time pursuing hobbies and other leisurely pursuits. When you're not at the community centre or on the golf course, make a day of it in charming Niagara-on-the-Lake or the Shaw Festival Theatre. Tour the myriad of award winning wineries. Take advantage of the area's almost 1,000 kilometres of bicycle/walking



trails and other top rated golf courses. Bring the grandkids to breathtaking Niagara Falls or see the dolphins at Marineland. Try your luck at Fallsview Casino, shopping across the border, or be inspired by nature at the Niagara Butterfly Conservatory. And then come back to a place you're happy to call home.

Single-detached homes in The Residences are sized from 1,245 to more than 2,700 sq. ft. Villa townhomes measure 1,120 to 1,555 sq. ft.

Five model homes are available to view. A limited number of inventory homes are available for summer occupancy. And now, we are pleased to add to the outstanding collection of homes in the golf community with our new release of waterfront and golf lots.

Dedicated to quality – Having built some of the finest homes and communities in and around the GTA, Ballantry's reputation for meticulous attention to detail and craftsmanship has earned the trust of thousands of satisfied homeowners.

	<b>LOCATION:</b> Niagara Region	<b>HOUSING TYPE:</b> Singles and towns in an active adult community	<b>PRICE:</b> Towns from \$270,900; singles from \$314,900	<b>SALES CENTRE:</b> 300 Daimler Pkwy., Welland. Open Saturday to Wednesday, 1 to 4 p.m.	
<b>CONTACT: 1-888-999-8990 OR 289-820-8600 • THERESIDENCESATLOCHNESSLINKS.COM</b>					







## Healthy Lifestyle for the Heart *apply to your Brain*

If diabetes heart disease and weight management were not motivation enough, we can now add Alzheimer's to our reasons for commitment to a healthy diet and fitness regime.

A recent report indicated that heart disease and Alzheimer's are caused by the same kind of problems. Diet and lifestyle recommendations to help prevent heart disease also apply to Alzheimer's. You and the people you love can lower the risk if you eat right and exercise more often.

Check with your doctor before you

start any exercise program and then follow these simple steps to a better healthier you.

### **Get regular cardio exercise.**

Recommended are 2-3 sessions of 50 minutes of cardio for a grand total 150 minutes per week.

### **Eat a heart-healthy diet**

Choose a diet that's predominantly low in fat. Avoid high amounts of refined sugars or grains.

As a result of people wanting to stay healthy and active as they age, active adult Lifestyle communities continue to be popular. Resort style communities mean quality dining, fully equipped fitness centers, maintenance service, on-site services, seminars, and wellness programs to maintain homeowner's healthy lifestyles. Activities and services are offered in the comfort of their own private recreation centres.

## UPCOMING EVENTS

# MAKE A **FRIEND** **A NEIGHBOUR** **BARBECUE**

**June 25th**

1 - 3 pm at the model homes

Guests are invited to an afternoon BBQ event with jazz ensemble. Please RSVP by email at [rsvp@ballantryhomes.com](mailto:rsvp@ballantryhomes.com) on or before June 15th. Sponsored by Ballantry Homes.

## *wine &* **chocolate** *party*

**Sunday July 24th**  
1-3pm at the model homes

Enjoy chocolate and wine from a local supplier.  
Space is limited; book early. Sponsored by Ballantry Homes.







## outdoor living

As the weather begins to warm up many folks are turning their attention to their outdoors. Everyone has an outdoor living space now. With seating, dining, even kitchens and rest areas. These areas are treated like their indoor counterparts. Fire pits, and heaters extend the outdoor living season.

With amenities like a grill, smoker, sink, fridge, wine cooler, ice machine, a bar and storage cupboards your outdoor kitchen can be fun and functional to cook in. It's not unusual for grill enthusiasts to cook their meals

on the BBQ 5-7 nights a week during the warm season.

### Add a splash of colour to your outdoor theme

Colour in outdoor furnishings is increasingly bolder and vibrant. Colours that you use inside your home or in your clothing are finding their way outside. Pastel blues, turquoise, brown, fresh yellows and greens, as well as black and white are used to make outdoor furniture more attractive.

### Creating your Backyard Oasis

- Make the style of your outdoor space compatible with the style of the indoor space.
- Create a focal point to anchor your space. Consider an interesting piece of art, a fountain, a vibrant sofa, an artistic coffee table or a warm fire pit.
- Choose furniture pieces that may perform more than one function to provide solutions to a challenging space. For example a teak storage bench can double as a table.
- Think quality and purchase the best you can afford. You will save monies not having to replace it more often.

## Keep it Simple BBQ Recipe

Chicken wings are great for any occasion. They are even better when grilled up with all that extra smoky flavour.

### Buffalo Chicken Wings

- 50 pieces chicken wings
- 1 cup mayonnaise
- ¼ butter
- ½ cup milk
- ¼ cup parsley, minced
- ¼ cup blue cheese, crumbled
- 2 tablespoons finely chopped onion
- 2 tablespoons lemon juice
- 2 tablespoons Tabasco sauce
- 1 tablespoon white wine vinegar
- 1 clove garlic
- 1 /4 teaspoon pepper, ground
- pinch of cayenne pepper
- ¼ teaspoon salt

Mix the wine vinegar with milk, and allow milk to curdle. Add the yellow onion, garlic and parsley, mayo, blue cheese, lemon juice, salt, pepper and cayenne. Mix well. Pour over wings and refrigerate.

### Grill and Enjoy!



## THE LATEST TRENDS IN MAKING a house a home

Over the past several years, the formal living room in most homes have been reinvented – it's now a library, workspace, perhaps a music or games room. Open concept plans with large kitchens act as multi functional great rooms.

Home office, mud room and media rooms are replacing many of the formal rooms found in the past. "Spa baths" have staying power. They tie into several current trends; creating comfortable environments for aging with oversized walk in showers and deep soaker tubs. The spa bathroom is the new two-car garage – a must have if you want to increase the value of your home.

The shift towards more practical casual lifestyle over the past decade, "real comfort" is vital for designing and decorating every room in your new home. Mixing and matching – a major shift from the 80s and 90s when people picked one style and decorated their entire home in that same style.

Influencing the ways in which these colours are executed in the kitchen and bath is the growing role of the home as a comfortable place to live. There is also an increasing need for our homes to reflect who we are.

### cabinetry

- Top choices: Butter Cream and Glazed Finishes
- Darker stains are making a comeback
- Mixed painted and stained finishes are designed into work centres to add contrast by having dark islands with light cabinetry

### countertops

- Solid surfaces can be found in a variety of stone finishes, often with playful jewel inserts
- They are also picking up on the aquatic theme, such as Corian's new Beach Glass
- Honed stone is a designer must for granite, soapstone or marble

### fixtures

- Glass vessel sinks in water or fire colours can add a dramatic colour statement to your space
- Porcelain sinks, tubs and water closets add richness in earthtones and reds
- Stainless steel, copper are being used in tub accents
- The neutrals, from white to butter cream to taupe, are still a powerful statement – elegant and timeless

### hardware

- The selection of hardware is an inexpensive way to add colour to the kitchen without making a long term commitment. The range in glazed ceramic and glass knobs adds an exciting way to add colour

### fittings

- Matte chrome and warm nickel finishes continue to be widely used with today's softer colour trends
- Brushed chrome adds soft texture in a variety of settings
- An increasing number of faucets and fittings are being produced in an antique bronze finish

### flooring

- Colour and pattern are emerging in exciting ways with the latest carpet fibers
- Limestone and porcelain oversized 16x16 tiles can be found in entrances, kitchens and baths
- Hardwoods in wide planking give homeowners options for variation in contrast, hue and value of cabinetry and counters





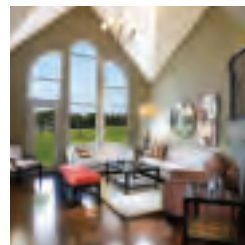


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Golf course living and membership to  
one of the finest golf clubs in Niagara.  
[www.lochnesslinks.com](http://www.lochnesslinks.com)



## THE RESIDENCES

AT LOCHNESS LINKS



Contact our sales representative,  
Wendy Wontner, for details on how you  
can enjoy your lifestyle in Welland.

Toll Free: 1-888-999-8990

Local: 289-820-8600

eMail: [theresidences@ballantryhomes.com](mailto:theresidences@ballantryhomes.com)

Or visit us at our  
Sales Office and Model Homes,  
300 Daimler Parkway in Welland